

**Fall &  
Winter  
2021/2022**



# JUNIOR TENNIS PROGRAMS



CLASSES	MON	TUES	WED	THURS	FRI	SAT
Quick Start			4:30-5:30 Weather permitting			9:45-10:45
Explorers (60' court)		4:00-5:30 Weather permitting				11:00-12:30
Challengers (11+ year olds)			4:00-5:30			2:00-3:30
Jr. Development		4:30-6:00			4:30-6:00	
Jr. Competitive	4:30-6:00			4:30-6:00		

**SESSION PRICING - 8 CLASSES (except Quick Start and Explorers - 4 classes)**  
**12% Discount for participants in 2021 HMTc Summer Program**  
*PRICING FOR SESSIONS 1, 2, 8 and 9*  
 Member: \$160 Non-Member: \$220 OR Drop-in - Member: \$24 Non-Member: \$30  
*PRICING FOR SESSIONS 3, 4, 5, 6 and 7*  
 Member: \$182 Non-Member: \$248 OR Drop-in - Member: \$26 Non-Member: \$35

<b>Session 1</b>	Aug 23—Sep 18
<b>Session 2</b>	Sept 20—Oct 16
<b>Session 3</b>	Oct 18—Nov 13
<b>Session 4*</b>	Nov 15—Dec 18 (5 Weeks)
<b>Session 5</b>	Jan 3—Jan 29
<b>Session 6*</b>	Jan 31—Feb 19 (3 weeks)
<b>Session 7</b>	Feb 21—Mar 26
<b>Session 8</b>	Mar 28— April 23
<b>Session 9</b>	April 25—May 21

**Quick Start (minimum of 4 participants) Ages 5-7**

Uses the USTA endorsed 10 & Under tennis format for kids to learn tennis, rally and begin to play in an enjoyable and rewarding environment.

Session: Member \$60 (Sat only) Non-Member \$72 (Sat. only) OR Drop-in: Member \$18 N.M. \$21 - No Discounts

**Explorers**

Emphasizes the proper techniques for all the basic strokes in tennis. Footwork, focus, and reaction time skills are developed. This class uses the 60' court and the orange and green low compression balls.

Session - Member: \$88 (Sat. only) Non-Member: \$112 (Sat only) OR Drop-in - Member: \$24 Non-Member: \$32

**Challengers**

Primary focus for students is movement with proper stroke mechanics. Instructors emphasis correct grips for all shots. Live ball drills and games are used to prepare them for match play. This class uses both Green and yellow balls.

Wednesday Only and Saturday Only Sessions will be Offered (or both days)

**Jr. Development**

Structured for middle school varsity or high school junior varsity players to refine developing skills, consistency, footwork, match play and strategy.

**Jr. Competitive**

Offers an intensive training program for the high school varsity and tournament level player. Focus will be on work ethic, conditioning, mental toughness, winning strategies, point production, and sportsmanship.

\*Sessions 4 & 6 will be pro rated

No Classes: Oct 8-10, Nov 25-27, Dec 20-Jan 2, March 14 -19

Call 970-217-9291 to sign up!  
[www.HighlandMeadowsTennisCenter.com](http://www.HighlandMeadowsTennisCenter.com)