

**Fall &
Winter
2020/2021**



JUNIOR TENNIS PROGRAMS



| CLASSES | MON | TUES | WED | THURS | FRI | SAT |
|--------------------------------|-----------|-----------|-----------|-----------|-----------|-------------|
| Quick Start | | | | | | 9:30-10:30 |
| Explorers (60' court) | | | | | | 11:00-12:30 |
| Challengers (11+ year olds) | | | 4:00-5:30 | | | 2:00-3:30 |
| Jr. Development | | 4:30-6:00 | | | 4:30-6:00 | |
| Jr. Competitive | 4:30-6:00 | | | 4:30-6:00 | | |

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|-------------------|----------------------------|
| Session 1 | Aug 24—Sep 19 |
| Session 2 | Sept 21—Oct 17 |
| Session 3 | Oct 19—Nov 14 |
| Session 4* | Nov 16—Dec 19 (5 Weeks) |
| Session 5 | Jan 4—Jan 30 |
| Session 6* | Feb 1—Feb 20 (3 weeks) |
| Session 7 | Feb 22—Mar 27 |
| Session 8 | Mar 29— April 24 |
| Session 9 | April 26—May 22 |

SESSION PRICING - 8 CLASSES (except Quick Start and Explorers –4 classes)
12% Discount for participants in 2019 HMTTC Summer Program
PRICING FOR SESSIONS 1, 2, 8 and 9
 Member: \$160 Non-Member: \$220 OR Drop-in - Member: \$24 Non-Member: \$30
PRICING FOR SESSIONS 3, 4, 5, 6 and 7
 Member: \$182 Non-Member: \$248 OR Drop-in - Member: \$26 Non-Member: \$35

Quick Start (minimum of 4 participants) Ages 5-7

Uses the USTA endorsed 10 & Under tennis format for kids to learn tennis, rally and begin to play in an enjoyable and rewarding environment.
 Session: Member \$60 Non-Member \$72 OR Drop-in: Member \$18 Non-Member: \$21 - No Discounts

Explorers

Emphasizes the proper techniques for all the basic strokes in tennis. Footwork, focus, and reaction time skills are developed. This class uses the 60' court and the orange and green low compression balls.
 Session - Member: \$88 Non-Member: \$112 OR Drop-in - Member: \$24 Non-Member: \$32

Challengers

Primary focus for students is movement with proper stroke mechanics. Instructors emphasis correct grips for all shots. Live ball drills and games are used to prepare them for match play. This class uses both Green and yellow balls.
 Wednesday Only and Saturday Only Sessions will be Offered (or both days)

Jr. Development

Structured for middle school varsity or high school junior varsity players to refine developing skills, consistency, footwork, match play and strategy.

Jr. Competitive

Offers an intensive training program for the high school varsity and tournament level player. Focus will be on work ethic, conditioning, mental toughness, winning strategies, point production, and sportsmanship.

*Sessions 4 & 6 will be pro rated

No Classes: Oct 8-10, Nov 26-28, Dec 21-Jan 2, March 15 -20

Call 970-217-9291 to sign up!
www.HighlandMeadowsTennisCenter.com